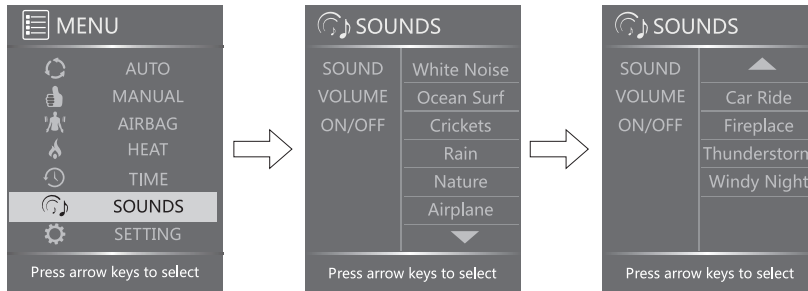


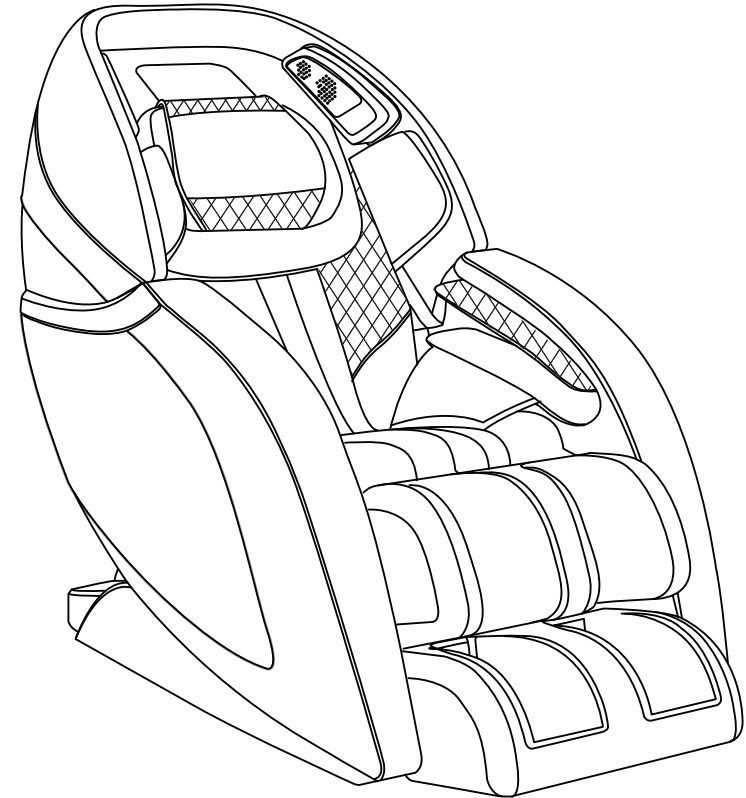
# INFINITY PALISADE QUICK START GUIDE

## USING THE RELAXING SOUNDS



**Sounds:** Press MENU button, then choose SOUNDS. Here, you can select from 10 different relaxing sounds, adjust the volume, and turn the sound on or off.

# INFINITY PALISADE QUICK START GUIDE



Please contact Technical Support at 603-910-5000 with any questions or concerns, or watch our helpful tutorials at [www.youtube.com/infinitymassagechairs](http://www.youtube.com/infinitymassagechairs).



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# INFINITY PALISADE QUICK START GUIDE

- 1 MULTI-FUNCTION SCREEN:** Menu options and massages appear on this screen.
- 2 ON/OFF:** Use this button to turn the chair on and off.
- 3 MENU:** Press this button in the main interface to switch to the menu to set functions of the massage chair. Press again when in menu to return to main screen.
- 4 SHOULDER POSITION:** Use this option to adjust the position of the massage in manual and point mode.
- 5 FOOT ROLLER ON/OFF:** Press this button to turn the foot rollers on or off.
- 6 DIRECTIONAL BUTTON:** In the menu, select Auto mode, then click the up, down, left, and right buttons to choose the function, and click "OK" to confirm.
- 7 FEET ADJUST:** Use these buttons to raise and lower the legrest.
- 8 BACK ADJUST:** Use these buttons to recline and raise the seat back.
- 9 3D BUTTON:** Push this button to adjust the 3D intensity. See 3D on multi-function screen to adjust.
- 10 FEET EXTEND:** Press this button to extend the foot rest. Release button to stop.
- 11 FEET RETRACT:** Press this button to retract the foot rest to the original position. Release button to stop.



## AUTO PROGRAMS

Once you turn on the massage chair, press MENU to enter the Auto Program menu. There, you can choose from the following programs:

- ▶ **Sports Refresh:** Recover after a physically-demanding day with this strenuous and invigorating full-body massage.
- ▶ **Extension:** Revive and revitalize your system with a gentle full-body massage.
- ▶ **Rest & Sleep:** Enjoy this gently soothing full-body massage created to relieve stress, decompress your body, and prepare you for sleep.
- ▶ **Working Relief:** Relieve sore muscles with a soothing moderate rub-down featuring air pressure massage for the neck and shoulders.
- ▶ **Neck & Shoulder:** Relax with a full-body massage focusing on stress and tension relief in your upper body.
- ▶ **Waist & Spine:** Realign and correct your spine to reduce pressure and improve posture.
- ▶ **Deep Shiatsu:** Deep shiatsu on the back for 10 mins.
- ▶ **Healthy Breath:** 5 mins. of healthy breath massage with rhythm to assist with breathing in and out.
- ▶ **All Air:** Full-body airbag-only massage
- ▶ **MyMassage:** To save customized massages, simply choose your settings under the MANUAL menu, and then run the massage. Next, under the AUTO menu, scroll down and select either MyMassage 1 or MyMassage 2. Here, you have the option to Save the current manual massage, or Run a saved custom massage.

## MANUAL MASSAGE

Press MENU, then select MANUAL to select from one of the following massage styles: Kneading, Tapping, Knocking, Shiatsu, or Sync.

## ADDITIONAL MANUAL MASSAGE TIPS

- ▶ Activate the foot rollers by pressing MENU > MANUAL > ROLLER. You can choose from 3 speeds in this menu.
- ▶ Select MENU > HEAT to activate the lumbar heat. Allow a few minutes to feel the full benefits.
- ▶ Select MENU > LANGUAGE to set the preferred language for the menus.
- ▶ Select MENU > AIRBAG to adjust functioning airbag zones. Options are Full, Arm & Shoulder, Back & Waist, Leg & Foot and Buttock.